

Beat pandemic isolation — connect in Teams to relax

By: Kate Hayter

Stop ignoring all those little purple “NSCC Ivany Campus Community” notifications coming from Microsoft Teams and go join the conversation. If students want to make a real connection with classmates and discover a “[coffee after class](#)” online environment, the campus community in MS Teams may be worth exploring.

Participating in the Ivany community team can help address the sense of isolation and lack of motivation learners can feel in this remote online learning environment, especially this time of year.

“We’re just trying to make the rocking boat a little bit smoother,” says Tia Sawyer of student services. “We’re trying to create a space to connect that is more relaxed.”

Each channel inside the team has a purpose. “Getting to know you is a powerful tool for finding people in your program,” says Stacey Burgess of student services. “We have an inspiration channel where people can post and respond to inspirational quotes. We also have a laugh reel, where people can just take a breath, and say ‘I needed that.’”

“Those channels meet students where they are at,” says Sawyer. “They can be the driver of these channels to motivate their teammates.”



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Photo by: Good Faces via Unsplash

Student services is more than just delivering informational solutions to problems. In the Ivany community team, “You can share a bit of who you are, and get a sense of the campus community,” says Burgess.

[Find your community](#) in MS Teams, under all teams or at [NSCC’s Connect Orientation](#) info page. Get involved today.